

Island Peak Climbing

<http://www.travelmaxguide.com/packages/island-peak-climbing/>

Trip Facts

• **Trip Code:** TMG-IP100

• **Group Size:** 1-12 person

• **Included Meals:**

• **Trip Mode:**

• **Elevation:** 6189m

Island Peak is a very popular mountain in the Annapurna range. The top of this peak: a continuous trekking trail of trekkers, mountaineers, and trekkers.

As you are at the top of the mountain, which will make you stare, and the view is so beautiful.

mountains are Nuptse (7,879m), Lhotse (8,501m), Lhotse Central (8,410m) and Lhotse Shar (8,383m). At the same time, you love to indulge in the inescapable beauty of Makalu (8475m), Baruntse (7129m), and Amadablam (6812m). This is the most beautiful part of the Island Peak Climbing.

This massive height of Island Peak, that is, 6189 m, shows you the view of the Everest Region, beyond your imagination.

As a describer, as a climber, Travel Max Guide finds the summit day impressive and most of its clients have found it above their expectations. For them, summit day is a pleasure because it becomes adventurous by including rock climbing and glacier crossing. To make this day a huge success, our climbing guides work perfectly and efficiently. Our climbing guide provides you training on climbing at the base of Island Peak.

Accommodation

In Kathmandu, you are going to stay at the 3-star category hotel (Value). During trekking and climbing, you will spend your night in a tea house and tented camp. The tea house is a lodge or a guest house. The tea house is an old name for a lodge because trekkers and climbers gave this name 40 years ago. After all, it used to sell only tea then. Now they also sell meals as well as provide bedrooms for the trekkers and climbers. The old name tea house is still used by the trekking agencies in Nepal. Hence, the name tea house trek. Tea house differs from village to village where you are going to spend your night. Some have attached bathrooms as well as running a hot water facility, while others have only basic facilities, that is, you have to share a toilet and a bathroom with others. This is so because they are located in a high altitude and the remotest area. Some provide dormitory-style accommodation, but they also provide you a bed, a pillow, a blanket, and a bedsheet still, you must have your sleeping bag.

- **Kathmandu- 4 Nights**
- **Mountain Teahouse/ Guesthouse- 10 Nights**
- **Tent Camp- 1 Night**

Transportation

In your trip cost, we have also included the transportation fare, so that you do not have to pay from your pocket when you are in Nepal. The fare includes pick up from the airport as well as drop off at the airport by the private vehicle. As well as other transportation facilities like internal flight- Kathmandu-Lukla-Kathmandu.

How to get noticed outside at the airport?

You will be seeing us outside the airport holding the signboard of our company when you arrive in Kathmandu- Tribhuvan International Airport. You will transfer to your hotel. One of our company representatives will explain the trip information with you. If we have a couple of times, you are going to visit our office or will explain it at your hotel lobby.

Meals

In Kathmandu, we will provide you breakfast at your hotel. You are trekking near the mountains, that is, you are trekking at a higher altitude, so your body needs energy, and you will get the energy from the food you eat. The foods that we provide you have the right amount of carbohydrate, protein, and fat. We will provide you these in all three square meals: breakfast, lunch, and dinner with tea/coffee.

Meals included:

- **Breakfast- 15**
- **Lunch- 11**
- **Dinner-12**

Attend farewell dinner

Farewell dinner is a great moment for both of us. In farewell dinner, we are going to have our dinner in a Nepali typical restaurant. You can share your experiences during your visit to Nepal. Let us know about our company team and its services. Enjoy the dinner together.

Accomplishment certificate

Our company will provide you the accomplishment certificate and the Nepali typical gifts as a sign of love and reward. At the same time, we would like to be thankful and share our joy for trusting the Travel Max Guide team.

Travel Max Guide Team

Travel Max Guide is a team of passionate working in tourism for more than a decade. Engaging in adventure and sustainable tourism. At the inception, our team was engaged in social work, supporting children of Nepal in an education program. Later we realize that we need to start our own business so how we can raise the fund. We came together with a new strategy and cast out our vision to run the travel business in Nepal. We can generate funds locally by serving our travelers by promoting and organizing trekking, tours and other outdoor activities in Nepal.

More on, we are local experts and licensed holder guides who are certified by the Nepal Government. Our team is experienced and well trained in first aid, climbing and trekking, and other relevant knowledge and training.

Travel Insurance

Travel Insurance is a must because you are trekking near the mountains at an altitude of more than 3000 meters. You must ensure in your country before coming to Nepal, before starting your trek. Please bring with you a copy of insurance, and your insurance policy must cover the medical expenses, helicopter evacuation from the altitude of 5000 m to 6000 m, and other things related to your health. Please give a copy to our company. It will send the information to the insurance company if you use the mountain rescue operation, mentioned above.

Passport and Visa

Before coming to Nepal, your passport must have the validity of 6 months, and you can put the Tourist Visa 'On Arrival' on your passport at Tribhuvan International Airport in Kathmandu, Nepal. On arrival, the visa procedure is very quick and simple. For more information please visit this site: [Nepal Immigration](#)

On Arrival Visa Fee at Entry points

- 15 Days- \$30
- 30 Days- \$50
- 90 Days- \$125

and you must also bring 4 passport-sized photos. If you are from China or SAARC countries, a free visa will be provided to you.

Extend your holiday/ Optional Itinerary and Services

By our previous clients' suggestion and our experiences working in tourism. Travel Max Guide offers you exclusive extension holidays, optional itinerary and additional services. These are optional addons or optional holidays. If you like to add some more holidays in Nepal, add it during the time of your booking. If you have your private holidays, want to customize it in your way. You can write us an email. Our travel planner will respond to you.

Group trekking/ Single

In group trekking/climbing normally there will be a minimum of 2 people and a maximum of 30 people. In

Outline Itinerary & Maps

- **Arrival at Kathmandu (1400m)**

Welcome to the contrasting mystical city of the temple, Kathmandu. Begin your Nepal explore. Your representative is waiting for you in the customs area. From the airport, you will traverse through the busy streets to the center of the city to check-in a hotel. If you have time, you can stroll in the streets of Thamel.

- **Accommodation**
124

- **Guided Kathmandu Valley Sightseeing**

Today, you head out for sightseeing, and what you do is you visit higher known places that are in and around Kathmandu. All of these places are UNESCO WORLD HERITAGE SITES. You will visit Pashupatinath, Boudhanath, Durbar Square, and Swayambhunath. Trek preparation is done under the supervision of a trekking guide.

- **Accommodation**
124

- **Meals**
212

- **Fly to Lukla (2840m), trek to Phakding (2,610 m)**

Today, after breakfast, head to the domestic airport. Enjoy a scenic mountain fild /F to Lukla. See the wonderful Himalayas, including Everest. Next, we trek to Phakding along with a trekking guide. As you trek, you see Mt Nupla (5885m) Kusum Kanguru (6367m) and Mount Kwongde Range. En route, you come across Dudh Kosi Valley.

- **Accommodation**
223

- **Meals**
105

- **Trek to Namche Bazaar (3440m) Duration: 5 hours**

Today, you enter the Sagarmatha National Park. See the cascade of waterfalls. Follow the trekking trail that goes uphill and downhill. Villages are widely prevalent with flowers, such as Rhododendron, Magnolia, and fir. Intermingling with nature, you head to Namche. On the way, you get an ample opportunity to see the mountains.

- **Accommodation**
223

- **Meals**
105

- **Acclimatization Day**

Acclimatization means an adaptation for tomorrow's higher altitude. For the ultimate view of the mountains, head to the Everest View Hotel. This is a short hike, and hiking is always strenuous in the Everest Region. The view of the mountain is impressive. You will see a 180-degree view of the mountains, and you will not regret.

- **Accommodation**
223

- **Meals**
105

- **Trek to Tengboche (3860m) Duration: 5 hours**

The upward and downward trekking trails offer the perfect view that you would like to soak the beauties of Amadablam (6856), Everest (8848), Nuptse (7861), Lhotse (8501), and so on. The trekking also traverses along the Dudh Kosi River. The trail is an important part of the trek. Don't forget to take your camera with you.

- **Accommodation**
223

- **Meals**
105

- **Trek to Dingboche (4410m) Duration: 5 hours**

Today, take long walk and experience the wonders of mountains, such as Mt.Tawache, Ama Dablam, North-Pokalde (5741m), Kongma-Tse (5820m), and the great wall of Nuptse because the view of these mountains is magnificent from any angle. Without the doubt one thing is sure, you will never forget both a glimpse of this view and the gazing view.

- **Accommodation**
223

- **Meals**
105

- **Trek to Island Peak Base Camp (5080m) Duration: 6 Hours**

Today we will trek to Chukkung, a small village. From this village, the trekking trailheads to Island Peak. It lies in Chukkung Valleys that is surrounded by the giant mountains of the Everest Region, such as Lhotse, Nuptse, and Ama Dablam. The trekking trail is steep, and it goes uphill and takes you to the valley from where you will see the Lhotse Glacier. You will also walk through moraine, but also

walk through the Lhotse Glacier, as well as through the Imja Glacier. From there, the trekking trail heads to the base of Island Peak.

- **Accomodation**
122

- **Meals**
105

- **Summit Island Peak (6189m) and back to Chhukung (4730m) Duration: 11 Hours**

Our climbing guide makes you equal to him by providing you training on climbing at the base of Island Peak which also includes reaching the summit safely and successfully. You will climb a steep hillside, rocky channel, and ridgeline. There is a 60m ice wall which is difficult to climb. After this, there is a snout of the glacier that you have to climb to reach the summit of Island Peak. From the summit, you will get a fantastic view of the mountains. After this, you head to the base camp. After that today we will stay overnight at Chhukung village.

- **Accomodation**
223

- **Meals**
105

- **Reserve Day for Contingency**

This day is a spare day or reserve day for the contingency (Day 09). If the weather is not good to climb. Otherwise, we can do it as the following itinerary.

- **Accomodation**
223

- **Meals**
105

- **Trek to Tengboche (3860m) Duration: 5 Hours**

Most of the time, the trekking goes downhill and is easy. On the way, you come across several villages. All of these are Sherpa Villages. One of the names of the popular villages is Pangboche. There are also trekking trails that go uphill, and it is the uphill trekking trail that you walk before reaching Tengboche.

- **Accomodation**
223

- **Meals**
105

- **Trek to Namche Bazaar (3,440m) Duration: 5 Hours**

The trekking trail goes downhill and takes you to small villages. Some of these are Pungki Thanka and Kyangjuma. The trail becomes easier as it leads you to Namche, the largest Sherpa village. Some of the attractions of this village are Culture Museum and Everest Photo Gallery. These are the must-see things for the Everest Trekkers.

- **Accomodation**
223

- **Meals**
105

- **Trek to Lukla (2840m) Duration: 7 hours**

Retrace and find out the steps that you have covered. Why not become overwhelmed and cherish at the distance that you have covered? Why not also take the last photo of the Everest Region? You might find this last scene as the awesome scenery of your life, after all, Everest Region is the iconic region, incomparable.

- **Accomodation**
223

